# Qualification Specification

# Skills for Sport and Active Leisure

### Version 7.0

### (December 2017)

learning your way

This qualification specification covers the following qualifications:

| Qualification Title | Qualification Number |
|---|---|
| Gateway Qualifications Entry Level Award In Skills for Sport and Active Leisure (Entry 3) | 600/9221/X |
| Gateway Qualifications Entry Level Certificate In Skills for Sport and Active Leisure (Entry 3) | 600/8850/3 |
| Gateway Qualifications Entry Level Diploma In Skills for Sport and Active Leisure (Entry 3) | 600/8851/5 |
| Gateway Qualifications Level 1 Award In Skills for Sport and Active Leisure | 600/9222/1 |
| Gateway Qualifications Level 1 Certificate In Skills for Sport and Active Leisure | 600/8852/7 |
| Gateway Qualifications Level 1 Diploma In Skills for Sport and Active Leisure | 600/8821/7 |

**About this qualification specification**

This qualification specification is intended for Tutors, Assessors, Internal verifiers, Centre Quality Managers and other staff within Gateway Qualifications recognised centres and/or prospective centres.

It sets out what is required of the learner in order to achieve the qualification. It also contains information specific to managing and delivering the qualification(s) including specific quality assurance requirements.

The guide should be read in conjunction with the Gateway Qualifications Centre Handbook and other publications available on the website which contain more detailed guidance on assessment and verification practice.

In order to offer this qualification, you must be a Gateway Qualifications recognised centre.

If your centre is not yet recognised, please contact our Development Team to discuss becoming a Gateway Qualifications Recognised Centre:

Telephone: 01206 911211

Email: enquiries@gatewayqualifications.org.uk

Website: www.gatewayqualifications.org.uk/recognition

# Contents

# 1. Qualification Information

## 1.1 About the qualification(s)

The qualifications have been approved by the Office of Qualifications and Examinations Regulation (Ofqual) that regulates qualifications, examinations and assessments in England.

These qualifications are intended to provide learners with a broad introduction to the sports and active leisure sector, equipping learners with underpinning knowledge and skills specific to the sector alongside a range of transferable employability skills.  They are designed to support progression to further learning and ultimately to work in sports and active leisure or other related sectors.

The Skills for Sports and Active Leisure qualifications form part of a suite of 'Skills for…' qualifications that cover a number of sectors and are available at Entry 3, Level 1 and Level 2.  The employability skills units are common across the suite, enabling easy transfer of credits between qualifications and supporting opportunities for cross-faculty working.

The qualifications have been developed with the support of a number of further education colleges, training providers and adult and community learning providers.  They have been designed to be consistent with the principles for study programmes for 16-19 year olds but are also relevant, particularly in the case of the smaller qualifications, for adults including the unemployed. These qualifications are also suitable for pre 16 learners.

## 1.2 Objective

The Gateway Qualifications Skills for Sports and Active Leisure Qualifications are categorised as having the following objectives:

- prepare learners to progress to a qualification in the same sector or a related area at a higher level or requiring more specific knowledge, skills and understanding
- prepare learners for employment in the sector or a related sector.

## 1.3 Key Facts

| Qualification Title in full | Credit Value | Total Qualification Time | Guided Learning Hours |
|---|---|---|---|
| Gateway Qualifications Entry Level Award In Skills for Sport and Active Leisure (Entry 3) | 6 | 60 | 60 |
| Gateway Qualifications Entry Level Certificate In Skills for Sport and Active Leisure (Entry 3) | 18 | 180 | 133 |
| Gateway Qualifications Entry Level Diploma In Skills for Sport and Active Leisure (Entry 3) | 37 | 370 | 285 |

| | | | |
|---|---|---|---|
| Gateway Qualifications Level 1 Award In Skills for Sport and Active Leisure | 6 | 60 | 45 |
| Gateway Qualifications Level 1 Certificate In Skills for Sport and Active Leisure | 25 | 250 | 181 |
| Gateway Qualifications Level 1 Diploma In Skills for Sport and Active Leisure | 37 | 370 | 278 |

**Total Qualification Time** is the number of notional hours which represents an estimate of the total amount of time that could be reasonably expected to be required for a Learner to achieve and demonstrate the achievement of the level of attainment necessary for the award of the qualification.

Total Qualification Time is comprised of the following two elements:

• the number of hours which an awarding organisation has assigned to a qualification for Guided Learning, and

• an estimate of the number of hours a Learner will reasonably be likely to spend in preparation, study or any other form of participation in education or training, including assessment, which takes place by – but, unlike Guided Learning, not under the Immediate Guidance or Supervision of – a lecturer, supervisor, tutor or other appropriate provider of education or training.

## 1.4 Funding

For information regarding potential sources of funding please visit the following websites;

The Education Funding Agency
http://www.education.gov.uk/aboutdfe/executiveagencies/efa

The Skills Funding Agency http://skillsfundingagency.bis.gov.uk/

or, contact your local office.

## 1.5 Achievement methodology

The qualification will be awarded to learners who successfully achieve an approved combination of units through a Portfolio of Evidence that has been successfully verified and monitored through Gateway Qualifications' Quality Assurance process.  Achievement is therefore determined by successful completion of unit assessment with no further requirement for additional/summative assessment.

## 1.6 Geographical Coverage

The qualifications have been approved by Ofqual to be offered in England.

## 1.7 Progression Opportunities

These qualifications are designed to enable progression into further learning at the same level (e.g. from an award to a certificate) or to further learning at a higher level (e.g. from Entry 3 to Level 1). The strong focus on transferable employability skills means that learners could move within or between sectors as they progress. Some learners may be able to progress directly into employment, particularly where work-based training will be offered, but it is expected that most learners will build on the skills and knowledge gained from these qualifications through further learning before entering employment.

## 1.8 Relationship with other frameworks

The Gateway Qualifications' qualifications in Skills for Sport and Active Leisure link to the National Occupational Standards for Sport, Leisure and Recreation. They provide some of the underpinning knowledge and practical and skills that will support progression to a relevant competency based qualification.

# 2. Learner Entry Requirements

## 2.1 Age

The approved age range for these qualifications is

| Qualification Title in full | Age range |
|---|---|
| Gateway Qualifications Entry Level Award In Skills for Sport and Active Leisure (Entry 3) | Pre-16, 16-18, 19+ |
| Gateway Qualifications Entry Level Certificate In Skills for Sport and Active Leisure (Entry 3) | Pre-16, 16-18, 19+ |
| Gateway Qualifications Entry Level Diploma In Skills for Sport and Active Leisure (Entry 3) | Pre-16, 16-18, 19+ |
| Gateway Qualifications Level 1 Award In Skills for Sport and Active Leisure | Pre-16, 16-18, 19+ |
| Gateway Qualifications Level 1 Certificate In Skills for Sport and Active Leisure | Pre-16, 16-18, 19+ |
| Gateway Qualifications Level 1 Diploma In Skills for Sport and Active Leisure | Pre-16, 16-18, 19+ |

## 2.2 Prior Qualifications

There are no prior qualification requirements for these qualifications.

## 2.3 Prior Skills/Knowledge/Understanding

There are no prior skills, knowledge or understanding requirements for these qualifications. However, learners will benefit from having functional skills, at least at one level below that of the qualification (e.g. at least Entry 3 for the Level 1 qualifications).

## 2.4 Restrictions

There are no restrictions to entry for these qualifications.

## 2.5 Additional Rules/Guidance

It is Gateway Qualifications' aim that there shall be equal opportunities within this organisation and in all the services it provides and within its recognised centres and via the

services they provide and so meet the organisation's legal responsibilities to prevent discrimination.

In particular it is the organisation's intention that there should be no discrimination on the grounds of a protected characteristic including age, disability, gender assignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex, sexual orientation. It is acknowledged that this is not an exhaustive list.

Gateway Qualifications and recognised centres have a responsibility to ensure that the process of assessment is robust and fair and allows the learner to show what they know and can do without compromising the assessment criteria.

Details on how to make adjustments for learners is set out in the Reasonable Adjustment and Special Considerations Policy.

## 2.6 Additional Rules/Guidance

There are no additional rules or guidance relating to learner entry requirements for these qualifications.

# 3. Achieving the Qualification

## 3.1 Qualification Structure (Rules of Combination and Unit List)

The knowledge, skills and understanding that will be assessed as part of the qualification are set out within the unit specifications.  These include the learning outcomes and associated assessment criteria.  To obtain unit information, please contact Gateway Qualifications who will enable access to our unit library. Please refer to the Appendix for details of barred units.

### Gateway Qualifications Entry Level Award in Skills for Sport and Active Leisure (Entry 3)

To achieve the Gateway Qualifications Entry Level Award in Skills for Sport and Active Leisure (Entry 3), Learners must complete at least one unit from Group M – Mandatory worth a minimum of 3 credits and at least 3 further credits from Group M or Group O1 – Optional units.

| Unit Reference Number | Title | Level | Credit Value | GLH | Unit Group |
|---|---|---|---|---|---|
| T/504/7660 | Working in Sport and Active Leisure | Entry 3 | 3 | 30 | Mandatory |
| Y/501/7244 | Taking Part in Sport | Entry 3 | 3 | 30 | Mandatory |
| A/506/8798 | Improving own Fitness | Entry 3 | 3 | 30 | Optional Units |
| A/504/7658 | The Effect of Exercise on the Body | Entry 3 | 2 | 20 | Optional Units |
| L/504/7664 | Working with Customers and Clients in Sports and Active Leisure Settings | Entry 3 | 3 | 30 | Optional Units |
| D/501/7245 | Assisting at a Sport or Active Leisure Event | Entry 3 | 3 | 30 | Optional Units |
| D/503/2814 | Working in a Team | Entry 3 | 3 | 30 | Optional Units |

| H/504/7637 | Exercise as Part of a Healthy Lifestyle | Entry 3 | 2 | 20 | Optional Units |
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# Gateway Qualifications Entry Level Certificate in Skills for Sport and Active Leisure (Entry 3)

To achieve the Gateway Qualifications Entry Level Certificate in Skills for Sport and Active Leisure (Entry 3), Learners must complete the two mandatory units from Group M, totalling 6 credits. In addition, they must complete a minimum of 6 credits from Group O1 (Optional units: Sport and Active Leisure Skills) and 6 further credits from either Group O1 or Group O2 (Optional units: Employability Skills). Learners cannot include more than one unit with the same or similar title.

| Unit Reference Number | Title | Level | Credit Value | GLH | Unit Group |
|---|---|---|---|---|---|
| T/504/7660 | Working in Sport and Active Leisure | Entry 3 | 3 | 30 | Mandatory |
| Y/501/7244 | Taking Part in Sport | Entry 3 | 3 | 30 | Mandatory |
| M/504/7656 | Risks and Hazards in Sport and Active Leisure | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/505/3257 | Risks and Hazards in Sport and Active Leisure | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| T/504/7643 | Recognising Sport and Leisure Opportunities | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| H/506/8875 | Recognising opportunities for participating in leisure | 1 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| A/506/8798 | Improving own Fitness | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| A/504/7658 | The Effect of Exercise on the Body | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |

| Code | Title | Level | | | Category |
|------|-------|-------|---|---|----------|
| D/506/8874 | Components and Functions of the Body in Physical Activity | 1 | 4 | 31 | Optional Units: Sport and Active Leisure Skills |
| H/504/7637 | Exercise as Part of a Healthy Lifestyle | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/504/7638 | Exercise as Part of a Healthy Lifestyle | 1 | 2 | 15 | Optional Units: Sport and Active Leisure Skills |
| H/504/7640 | Planning a Healthy Diet | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/504/7641 | Planning a Healthy Diet | 1 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| L/504/7664 | Working with Customers and Clients in Sports and Active Leisure Settings | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| R/504/7665 | Working with Customers and Clients in Sports and Active Leisure Settings | 1 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| J/504/7663 | Working with Children in Sport and Active Leisure | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/504/7636 | Developing Leadership Skills in Sport and Active Leisure | 1 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/501/7245 | Assisting at a Sport or Active Leisure Event | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| F/506/7359 | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |

| Y/504/7635 | Assist a Fitness Instructor | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
|---|---|---|---|---|---|
| M/504/7642 | Preparing to Participate in a Sport or Active Leisure Activity | Entry 3 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| H/601/3532 | Understanding the principles of planning coaching activities in sport | 1 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| M/504/7639 | Participate in a Sport or Active Leisure Activity | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/601/3533 | Understanding the principles of conducting coaching activities in sport | 1 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| K/504/7655 | Review a Sport or Active Leisure Activity | Entry 3 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| M/601/3534 | Understanding the principles of evaluating coaching activities in sport | 1 | 1 | 7 | Optional Units: Sport and Active Leisure Skills |
| D/601/3531 | Understanding the fundamentals of coaching sport | 1 | 1 | 6 | Optional Units: Sport and Active Leisure Skills |
| D/504/8947 | Planning own Fitness Programme | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| D/503/2814 | Working in a Team | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| R/503/2843 | Working in a Team | 1 | 3 | 30 | Optional Units: Employability Skills |
| H/504/6309 | Working with Colleagues | Entry 3 | 2 | 20 | Optional Units: Employability Skills |

| D/503/2845 | Building Working Relationships with Colleagues | 1 | 2 | 20 | Optional Units: Employability Skills |
| R/503/2812 | Career Progression | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2837 | Career Progression | 1 | 2 | 20 | Optional Units: Employability Skills |
| F/503/2806 | Searching for a Job | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| D/503/2831 | Searching for a Job | 1 | 1 | 10 | Optional Units: Employability Skills |
| J/503/2807 | Applying for a Job | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| H/503/2832 | Applying for a Job | 1 | 1 | 10 | Optional Units: Employability Skills |
| J/503/2810 | Self-management Skills | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| K/504/6327 | Time Management | 1 | 2 | 20 | Optional Units: Employability Skills |
| L/503/2808 | Preparing for an Interview | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| K/503/2833 | Preparing for an Interview | 1 | 1 | 10 | Optional Units: Employability Skills |
| R/503/2809 | Interview Skills | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| M/503/2834 | Interview Skills | 1 | 1 | 10 | Optional Units: Employability Skills |
| M/503/2817 | Setting and Meeting Targets at Work | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| T/503/2849 | Setting and Meeting Targets at Work | 1 | 2 | 20 | Optional Units: Employability Skills |
| T/503/2818 | Solving Work-related Problems | Entry 3 | 2 | 20 | Optional Units: Employability Skills |

| K/503/2850 | Solving Work-related Problems | 1 | 2 | 20 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| Y/503/2813 | Conduct at Work | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| L/503/2842 | Positive Attitudes and Behaviours at Work | 1 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2823 | Safe Learning in the Workplace | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| L/503/2856 | Safe Learning in the Workplace | 1 | 1 | 10 | Optional Units: Employability Skills |
| T/503/2821 | Preparing for Work Placement | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2854 | Preparing for Work Placement | 1 | 1 | 10 | Optional Units: Employability Skills |
| A/503/2822 | Learning from Work Placement | Entry 3 | 2 | 10 | Optional Units: Employability Skills |
| J/503/2855 | Learning from Work Placement | 1 | 2 | 10 | Optional Units: Employability Skills |
| H/504/6701 | Work in a customer-friendly way | Entry 3 | 2 | 18 | Optional Units: Employability Skills |
| K/504/6702 | Work in a customer-friendly way | 1 | 2 | 18 | Optional Units: Employability Skills |
| Y/504/6310 | Effective Comunication in the Workplace | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| D/504/6311 | Effective Communication in the Workplace | 1 | 3 | 30 | Optional Units: Employability Skills |
| K/504/6313 | Using Numeracy Skills in the Workplace | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| M/504/6314 | Using Numeracy Skills in the Workplace | 1 | 3 | 30 | Optional Units: Employability Skills |
| A/504/6316 | Using ICT in the Workplace | Entry 3 | 3 | 25 | Optional Units: Employability Skills |

| F/504/6317 | Using ICT in the Workplace | 1 | 3 | 25 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| L/504/6319 | Exploring Entrepreneurship | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| F/504/6320 | Exploring Entrepreneurship | 1 | 2 | 15 | Optional Units: Employability Skills |
| J/504/6321 | Exploring and Presenting Enterprise Ideas | Entry 3 | 3 | 25 | Optional Units: Employability Skills |
| L/504/6322 | Exploring and Presenting Enterprise Ideas | 1 | 3 | 25 | Optional Units: Employability Skills |
| A/504/6249 | Skills for Effective Participants | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| Y/504/6260 | Skills for Effective Participants | 1 | 2 | 15 | Optional Units: Employability Skills |
| H/504/6245 | Skills for Team Workers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| A/504/6252 | Skills for Team Workers | 1 | 2 | 15 | Optional Units: Employability Skills |
| T/504/6248 | Skills for Independent Enquirers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| D/504/6258 | Skills for Independent Enquirers | 1 | 2 | 15 | Optional Units: Employability Skills |
| K/504/6246 | Skills for Self Managers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| J/504/6254 | Skills for Self Managers | 1 | 2 | 15 | Optional Units: Employability Skills |
| J/504/6299 | Skills for Creative Thinkers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| H/504/6262 | Skills for Creative Thinkers | 1 | 2 | 15 | Optional Units: Employability Skills |
| F/504/6267 | Assessing own Personal, Learning and Thinking Skills | Entry 3 | 1 | 8 | Optional Units: Employability Skills |

| J/504/6268 | Assessing own Personal, Learning and Thinking Skills | 1 | 1 | 8 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| Y/504/6324 | Introduction to Self-Employment | Entry 3 | 3 | 25 | Optional Units: Employability Skills |
| F/504/7662 | Introduction to Self-Employment | 1 | 3 | 22 | Optional Units: Employability Skills |
| F/504/6902 | Skills for Reflective Learners | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| A/504/6915 | Skills for Reflective Learners | 1 | 2 | 15 | Optional Units: Employability Skills |
| Y/506/6461 | Effectiveness at Work | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| R/506/3493 | Effectiveness at Work | 1 | 2 | 16 | Optional Units: Employability Skills |
| H/506/6463 | Health and Safety in the Workplace | Entry 3 | 2 | 16 | Optional Units: Employability Skills |
| F/506/3487 | Health and Safety in the Workplace | 1 | 2 | 16 | Optional Units: Employability Skills |
| R/506/6460 | Career Planning | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| M/506/3484 | Career Planning | 1 | 3 | 20 | Optional Units: Employability Skills |

# Gateway Qualifications Entry Level Diploma in Skills for Sport and Active Leisure (Entry 3)

To achieve the Gateway Qualifications Entry Level Diploma in Skills for Sport and Active Leisure (Entry 3), Learners must complete the two mandatory units from Group M, totalling 6 credits. In addition, they must complete a minimum of 14 credits from Group O1 (Optional units: Sport and Active Leisure Skills) and 17 further credits from either Group O1 or Group O2 (Optional units: Employability Skills). Learners cannot include more than one unit with the same or similar title.

| Unit Reference Number | Title | Level | Credit Value | GLH | Unit Group |
|---|---|---|---|---|---|
| T/504/7660 | Working in Sport and Active Leisure | Entry 3 | 3 | 30 | Mandatory |
| Y/501/7244 | Taking Part in Sport | Entry 3 | 3 | 30 | Mandatory |
| M/504/7656 | Risks and Hazards in Sport and Active Leisure | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/505/3257 | Risks and Hazards in Sport and Active Leisure | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| T/504/7643 | Recognising Sport and Leisure Opportunities | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| H/506/8875 | Recognising opportunities for participating in leisure | 1 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| A/506/8798 | Improving own Fitness | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| A/504/7658 | The Effect of Exercise on the Body | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |

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|---|---|---|---|---|---|
| D/506/8874 | Components and Functions of the Body in Physical Activity | 1 | 4 | 31 | Optional Units: Sport and Active Leisure Skills |
| H/504/7637 | Exercise as Part of a Healthy Lifestyle | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/504/7638 | Exercise as Part of a Healthy Lifestyle | 1 | 2 | 15 | Optional Units: Sport and Active Leisure Skills |
| H/504/7640 | Planning a Healthy Diet | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/504/7641 | Planning a Healthy Diet | 1 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| L/504/7664 | Working with Customers and Clients in Sports and Active Leisure Settings | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| R/504/7665 | Working with Customers and Clients in Sports and Active Leisure Settings | 1 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| J/504/7663 | Working with Children in Sport and Active Leisure | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/504/7636 | Developing Leadership Skills in Sport and Active Leisure | 1 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/501/7245 | Assisting at a Sport or Active Leisure Event | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| F/506/7359 | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |

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| Y/504/7635 | Assist a Fitness Instructor | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| M/504/7642 | Preparing to Participate in a Sport or Active Leisure Activity | Entry 3 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| H/601/3532 | Understanding the principles of planning coaching activities in sport | 1 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| M/504/7639 | Participate in a Sport or Active Leisure Activity | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/601/3533 | Understanding the principles of conducting coaching activities in sport | 1 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| K/504/7655 | Review a Sport or Active Leisure Activity | Entry 3 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| M/601/3534 | Understanding the principles of evaluating coaching activities in sport | 1 | 1 | 7 | Optional Units: Sport and Active Leisure Skills |
| D/601/3531 | Understanding the fundamentals of coaching sport | 1 | 1 | 6 | Optional Units: Sport and Active Leisure Skills |
| D/504/8947 | Planning own Fitness Programme | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| D/503/2814 | Working in a Team | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| R/503/2843 | Working in a Team | 1 | 3 | 30 | Optional Units: Employability Skills |
| H/504/6309 | Working with Colleagues | Entry 3 | 2 | 20 | Optional Units: Employability Skills |

| D/503/2845 | Building Working Relationships with Colleagues | 1 | 2 | 20 | Optional Units: Employability Skills |
| R/503/2812 | Career Progression | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2837 | Career Progression | 1 | 2 | 20 | Optional Units: Employability Skills |
| F/503/2806 | Searching for a Job | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| D/503/2831 | Searching for a Job | 1 | 1 | 10 | Optional Units: Employability Skills |
| J/503/2807 | Applying for a Job | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| H/503/2832 | Applying for a Job | 1 | 1 | 10 | Optional Units: Employability Skills |
| J/503/2810 | Self-management Skills | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| K/504/6327 | Time Management | 1 | 2 | 20 | Optional Units: Employability Skills |
| L/503/2808 | Preparing for an Interview | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| K/503/2833 | Preparing for an Interview | 1 | 1 | 10 | Optional Units: Employability Skills |
| R/503/2809 | Interview Skills | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| M/503/2834 | Interview Skills | 1 | 1 | 10 | Optional Units: Employability Skills |
| M/503/2817 | Setting and Meeting Targets at Work | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| T/503/2849 | Setting and Meeting Targets at Work | 1 | 2 | 20 | Optional Units: Employability Skills |
| T/503/2818 | Solving Work-related Problems | Entry 3 | 2 | 20 | Optional Units: Employability Skills |

| K/503/2850 | Solving Work-related Problems | 1 | 2 | 20 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| Y/503/2813 | Conduct at Work | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| L/503/2842 | Positive Attitudes and Behaviours at Work | 1 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2823 | Safe Learning in the Workplace | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| L/503/2856 | Safe Learning in the Workplace | 1 | 1 | 10 | Optional Units: Employability Skills |
| T/503/2821 | Preparing for Work Placement | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2854 | Preparing for Work Placement | 1 | 1 | 10 | Optional Units: Employability Skills |
| A/503/2822 | Learning from Work Placement | Entry 3 | 2 | 10 | Optional Units: Employability Skills |
| J/503/2855 | Learning from Work Placement | 1 | 2 | 10 | Optional Units: Employability Skills |
| H/504/6701 | Work in a customer-friendly way | Entry 3 | 2 | 18 | Optional Units: Employability Skills |
| K/504/6702 | Work in a customer-friendly way | 1 | 2 | 18 | Optional Units: Employability Skills |
| Y/504/6310 | Effective Communication in the Workplace | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| D/504/6311 | Effective Communication in the Workplace | 1 | 3 | 30 | Optional Units: Employability Skills |
| K/504/6313 | Using Numeracy Skills in the Workplace | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| M/504/6314 | Using Numeracy Skills in the Workplace | 1 | 3 | 30 | Optional Units: Employability Skills |
| A/504/6316 | Using ICT in the Workplace | Entry 3 | 3 | 25 | Optional Units: Employability Skills |

| F/504/6317 | Using ICT in the Workplace | 1 | 3 | 25 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| L/504/6319 | Exploring Entrepreneurship | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| F/504/6320 | Exploring Entrepreneurship | 1 | 2 | 15 | Optional Units: Employability Skills |
| J/504/6321 | Exploring and Presenting Enterprise Ideas | Entry 3 | 3 | 25 | Optional Units: Employability Skills |
| L/504/6322 | Exploring and Presenting Enterprise Ideas | 1 | 3 | 25 | Optional Units: Employability Skills |
| A/504/6249 | Skills for Effective Participants | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| Y/504/6260 | Skills for Effective Participants | 1 | 2 | 15 | Optional Units: Employability Skills |
| H/504/6245 | Skills for Team Workers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| A/504/6252 | Skills for Team Workers | 1 | 2 | 15 | Optional Units: Employability Skills |
| T/504/6248 | Skills for Independent Enquirers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| D/504/6258 | Skills for Independent Enquirers | 1 | 2 | 15 | Optional Units: Employability Skills |
| K/504/6246 | Skills for Self Managers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| J/504/6254 | Skills for Self Managers | 1 | 2 | 15 | Optional Units: Employability Skills |
| J/504/6299 | Skills for Creative Thinkers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| H/504/6262 | Skills for Creative Thinkers | 1 | 2 | 15 | Optional Units: Employability Skills |
| F/504/6267 | Assessing own Personal, Learning and Thinking Skills | Entry 3 | 1 | 8 | Optional Units: Employability Skills |

| J/504/6268 | Assessing own Personal, Learning and Thinking Skills | 1 | 1 | 8 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| Y/504/6324 | Introduction to Self-Employment | Entry 3 | 3 | 25 | Optional Units: Employability Skills |
| F/504/7662 | Introduction to Self-Employment | 1 | 3 | 22 | Optional Units: Employability Skills |
| F/504/6902 | Skills for Reflective Learners | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| A/504/6915 | Skills for Reflective Learners | 1 | 2 | 15 | Optional Units: Employability Skills |
| Y/506/6461 | Effectiveness at Work | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| R/506/3493 | Effectiveness at Work | 1 | 2 | 16 | Optional Units: Employability Skills |
| H/506/6463 | Health and Safety in the Workplace | Entry 3 | 2 | 16 | Optional Units: Employability Skills |
| F/506/3487 | Health and Safety in the Workplace | 1 | 2 | 16 | Optional Units: Employability Skills |
| R/506/6460 | Career Planning | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| M/506/3484 | Career Planning | 1 | 3 | 20 | Optional Units: Employability Skills |

## Gateway Qualifications Level 1 Award in Skills for Sport and Active Leisure

To achieve the Gateway Qualifications Level 1 Award in Skills for Sport and Active Leisure, Learners must complete at least one unit from Group M – Mandatory worth a minimum of 3 credits and 3 further credits from Group M or Group O1 – Optional units. Learners cannot include more than one unit with the same or similar title.

| Unit Reference Number | Title | Level | Credit Value | GLH | Unit Group |
|---|---|---|---|---|---|
| A/504/7661 | Working in Sport and Active Leisure | 1 | 3 | 30 | Mandatory |
| M/501/7248 | Taking part in Exercise and Fitness | 1 | 4 | 30 | Mandatory |
| D/504/8947 | Planning own Fitness Programme | 1 | 4 | 30 | Optional Units |
| D/506/8874 | Components and Functions of the Body in Physical Activity | 1 | 4 | 31 | Optional Units |
| R/504/7665 | Working with Customers and Clients in Sports and Active Leisure Settings | 1 | 3 | 30 | Optional Units |
| K/504/7638 | Exercise as Part of a Healthy Lifestyle | 1 | 2 | 15 | Optional Units |
| F/506/7359 | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity | 1 | 4 | 30 | Optional Units |
| Y/504/7635 | Assist a Fitness Instructor | 1 | 4 | 30 | Optional Units |
| R/503/2843 | Working in a Team | 1 | 3 | 30 | Optional Units |

## Gateway Qualifications Level 1 Certificate in Skills for Sport and Active Leisure

To achieve the Gateway Qualifications Level 1 Certificate in Skills for Sport and Active Leisure, Learners must complete the two mandatory units from Group M, totalling 7 credits. In addition, they must complete a minimum of 9 credits from Group O1 (Optional units: Sport and Active Leisure Skills) and 9 further credits from either Group O1 or Group O2 (Optional units: Employability Skills). At least 8 credits from Groups O1 and O2 combined must be at level 1 or above, with at least 3 credits at level 1 or above coming from Group O1. Learners cannot include more than one unit with the same or similar title.

| Unit Reference Number | Title | Level | Credit Value | GLH | Unit Group |
|---|---|---|---|---|---|
| A/504/7661 | Working in Sport and Active Leisure | 1 | 3 | 30 | Mandatory |
| M/501/7248 | Taking part in Exercise and Fitness | 1 | 4 | 30 | Mandatory |
| M/504/7656 | Risks and Hazards in Sport and Active Leisure | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/505/3257 | Risks and Hazards in Sport and Active Leisure | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| T/504/7643 | Recognising Sport and Leisure Opportunities | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| H/506/8875 | Recognising opportunities for participating in leisure | 1 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| A/506/8798 | Improving own Fitness | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| A/504/7658 | The Effect of Exercise on the Body | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |

| D/506/8874 | Components and Functions of the Body in Physical Activity | 1 | 4 | 31 | Optional Units: Sport and Active Leisure Skills |
| H/504/7637 | Exercise as Part of a Healthy Lifestyle | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/504/7638 | Exercise as Part of a Healthy Lifestyle | 1 | 2 | 15 | Optional Units: Sport and Active Leisure Skills |
| H/504/7640 | Planning a Healthy Diet | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/504/7641 | Planning a Healthy Diet | 1 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| L/504/7664 | Working with Customers and Clients in Sports and Active Leisure Settings | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| R/504/7665 | Working with Customers and Clients in Sports and Active Leisure Settings | 1 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| J/504/7663 | Working with Children in Sport and Active Leisure | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/601/8230 | Safeguarding and protecting children and young people in sport and active leisure | 2 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| D/504/7636 | Developing Leadership Skills in Sport and Active Leisure | 1 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/501/7245 | Assisting at a Sport or Active Leisure Event | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |

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|---|---|---|---|---|---|
| F/506/7359 | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| Y/504/7635 | Assist a Fitness Instructor | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| M/504/7642 | Preparing to Participate in a Sport or Active Leisure Activity | Entry 3 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| H/601/3532 | Understanding the principles of planning coaching activities in sport | 1 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| M/504/7639 | Participate in a Sport or Active Leisure Activity | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/601/3533 | Understanding the principles of conducting coaching activities in sport | 1 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| K/504/7655 | Review a Sport or Active Leisure Activity | Entry 3 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| M/601/3534 | Understanding the principles of evaluating coaching activities in sport | 1 | 1 | 7 | Optional Units: Sport and Active Leisure Skills |
| D/601/3531 | Understanding the fundamentals of coaching sport | 1 | 1 | 6 | Optional Units: Sport and Active Leisure Skills |
| D/504/8947 | Planning own Fitness Programme | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| J/503/2807 | Applying for a Job | Entry 3 | 1 | 10 | Optional Units: Employability Skills |

| H/503/2832 | Applying for a Job | 1 | 1 | 10 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| K/503/2864 | Applying for a Job | 2 | 1 | 10 | Optional Units: Employability Skills |
| F/504/6267 | Assessing own Personal, Learning and Thinking Skills | Entry 3 | 1 | 8 | Optional Units: Employability Skills |
| J/504/6268 | Assessing own Personal, Learning and Thinking Skills | 1 | 1 | 8 | Optional Units: Employability Skills |
| L/504/6269 | Assessing own Personal, Learning and Thinking Skills | 2 | 1 | 8 | Optional Units: Employability Skills |
| D/503/2845 | Building Working Relationships with Colleagues | 1 | 2 | 20 | Optional Units: Employability Skills |
| H/503/2877 | Building Working Relationships with Colleagues | 2 | 2 | 20 | Optional Units: Employability Skills |
| K/503/2878 | Building Working Relationships with Customers | 2 | 2 | 20 | Optional Units: Employability Skills |
| R/506/6460 | Career Planning | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| M/506/3484 | Career Planning | 1 | 3 | 20 | Optional Units: Employability Skills |
| R/503/2812 | Career Progression | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2837 | Career Progression | 1 | 2 | 20 | Optional Units: Employability Skills |
| J/503/2869 | Career Progression | 2 | 2 | 20 | Optional Units: Employability Skills |
| Y/503/2813 | Conduct at Work | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| Y/504/6310 | Effective Communication in the Workplace | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| D/504/6311 | Effective Communication in the Workplace | 1 | 3 | 30 | Optional Units: Employability Skills |

| H/504/6312 | Effective Communication in the Workplace | 2 | 3 | 30 | Optional Units: Employability Skills |
| R/503/2874 | Effectiveness at Work | 2 | 1 | 10 | Optional Units: Employability Skills |
| Y/506/6461 | Effectiveness at Work | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| R/506/3493 | Effectiveness at Work | 1 | 2 | 16 | Optional Units: Employability Skills |
| J/504/6321 | Exploring and Presenting Enterprise Ideas | Entry 3 | 3 | 25 | Optional Units: Employability Skills |
| L/504/6322 | Exploring and Presenting Enterprise Ideas | 1 | 3 | 25 | Optional Units: Employability Skills |
| R/504/6337 | Exploring and Presenting Enterprise Ideas | 2 | 3 | 25 | Optional Units: Employability Skills |
| L/504/6319 | Exploring Entrepreneurship | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| F/504/6320 | Exploring Entrepreneurship | 1 | 2 | 15 | Optional Units: Employability Skills |
| L/504/6336 | Exploring Entrepreneurship | 2 | 2 | 15 | Optional Units: Employability Skills |
| H/601/9699 | Health and Safety in the Workplace | 2 | 1 | 10 | Optional Units: Employability Skills |
| H/506/6463 | Health and Safety in the Workplace | Entry 3 | 2 | 16 | Optional Units: Employability Skills |
| F/506/3487 | Health and Safety in the Workplace | 1 | 2 | 16 | Optional Units: Employability Skills |
| R/503/2809 | Interview Skills | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| M/503/2834 | Interview Skills | 1 | 1 | 10 | Optional Units: Employability Skills |
| T/503/2866 | Interview Skills | 2 | 1 | 10 | Optional Units: Employability Skills |

| Y/504/6324 | Introduction to Self-Employment | Entry 3 | 3 | 25 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| F/504/7662 | Introduction to Self-Employment | 1 | 3 | 22 | Optional Units: Employability Skills |
| H/504/6326 | Introduction to Self-Employment | 2 | 3 | 22 | Optional Units: Employability Skills |
| A/503/2822 | Learning from Work Placement | Entry 3 | 2 | 10 | Optional Units: Employability Skills |
| J/503/2855 | Learning from Work Placement | 1 | 2 | 10 | Optional Units: Employability Skills |
| L/503/2887 | Learning from Work Placement | 2 | 2 | 20 | Optional Units: Employability Skills |
| L/503/2842 | Positive Attitudes and Behaviours at Work | 1 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2871 | Practising Leadership Skills with Others | 2 | 2 | 20 | Optional Units: Employability Skills |
| L/503/2808 | Preparing for an Interview | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| K/503/2833 | Preparing for an Interview | 1 | 1 | 10 | Optional Units: Employability Skills |
| M/503/2865 | Preparing for an Interview | 2 | 1 | 10 | Optional Units: Employability Skills |
| T/503/2821 | Preparing for Work Placement | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2854 | Preparing for Work Placement | 1 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2885 | Preparing for Work Placement | 2 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2823 | Safe Learning in the Workplace | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| L/503/2856 | Safe Learning in the Workplace | 1 | 1 | 10 | Optional Units: Employability Skills |

| F/503/2806 | Searching for a Job | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| D/503/2831 | Searching for a Job | 1 | 1 | 10 | Optional Units: Employability Skills |
| H/503/2863 | Searching for a Job | 2 | 1 | 10 | Optional Units: Employability Skills |
| J/503/2810 | Self-management Skills | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| M/503/2817 | Setting and Meeting Targets at Work | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| T/503/2849 | Setting and Meeting Targets at Work | 1 | 2 | 20 | Optional Units: Employability Skills |
| K/503/2881 | Setting and Meeting Targets at Work | 2 | 2 | 20 | Optional Units: Employability Skills |
| J/504/6299 | Skills for Creative Thinkers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| H/504/6262 | Skills for Creative Thinkers | 1 | 2 | 15 | Optional Units: Employability Skills |
| D/504/6261 | Skills for Creative Thinkers | 2 | 2 | 15 | Optional Units: Employability Skills |
| A/504/6249 | Skills for Effective Participants | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| Y/504/6260 | Skills for Effective Participants | 1 | 2 | 15 | Optional Units: Employability Skills |
| A/504/7627 | Skills for Effective Participants | 2 | 2 | 15 | Optional Units: Employability Skills |
| T/504/6248 | Skills for Independent Enquirers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| D/504/6258 | Skills for Independent Enquirers | 1 | 2 | 15 | Optional Units: Employability Skills |
| Y/504/6257 | Skills for Independent Enquirers | 2 | 2 | 15 | Optional Units: Employability Skills |

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|---|---|---|---|---|---|
| M/504/6913 | Skills for Reflective Learners | 2 | 2 | 15 | Optional Units: Employability Skills |
| F/504/6902 | Skills for Reflective Learners | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| A/504/6915 | Skills for Reflective Learners | 1 | 2 | 15 | Optional Units: Employability Skills |
| K/504/6246 | Skills for Self Managers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| J/504/6254 | Skills for Self Managers | 1 | 2 | 15 | Optional Units: Employability Skills |
| D/504/6308 | Skills for Self Managers | 2 | 2 | 15 | Optional Units: Employability Skills |
| H/504/6245 | Skills for Team Workers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| A/504/6252 | Skills for Team Workers | 1 | 2 | 15 | Optional Units: Employability Skills |
| T/504/6251 | Skills for Team Workers | 2 | 2 | 15 | Optional Units: Employability Skills |
| T/503/2818 | Solving Work-related Problems | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| K/503/2850 | Solving Work-related Problems | 1 | 2 | 20 | Optional Units: Employability Skills |
| M/503/2882 | Solving Work-related Problems | 2 | 2 | 20 | Optional Units: Employability Skills |
| K/504/6327 | Time Management | 1 | 2 | 20 | Optional Units: Employability Skills |
| M/504/6328 | Time Management | 2 | 2 | 20 | Optional Units: Employability Skills |
| A/504/6316 | Using ICT in the Workplace | Entry 3 | 3 | 25 | Optional Units: Employability Skills |
| F/504/6317 | Using ICT in the Workplace | 1 | 3 | 25 | Optional Units: Employability Skills |

| J/504/6318 | Using ICT in the Workplace | 2 | 3 | 25 | Optional Units: Employability Skills |
| K/504/6313 | Using Numeracy Skills in the Workplace | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| M/504/6314 | Using Numeracy Skills in the Workplace | 1 | 3 | 30 | Optional Units: Employability Skills |
| T/504/6315 | Using Numeracy Skills in the Workplace | 2 | 3 | 30 | Optional Units: Employability Skills |
| H/504/6701 | Work in a customer-friendly way | Entry 3 | 2 | 18 | Optional Units: Employability Skills |
| K/504/6702 | Work in a customer-friendly way | 1 | 2 | 18 | Optional Units: Employability Skills |
| D/503/2814 | Working in a Team | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| R/503/2843 | Working in a Team | 1 | 3 | 30 | Optional Units: Employability Skills |
| Y/503/2875 | Working in a Team | 2 | 3 | 30 | Optional Units: Employability Skills |
| H/504/6309 | Working with Colleagues | Entry 3 | 2 | 20 | Optional Units: Employability Skills |

## Gateway Qualifications Level 1 Diploma in Skills for Sport and Active Leisure

To achieve the Gateway Qualifications Level 1 Diploma in Skills for Sport and Active Leisure, Learners must complete the two mandatory units from Group M, totalling 7 credits. In addition, they must complete a minimum of 17 credits from Group O1 (Optional units: Sport and Active Leisure Skills) and 13 further credits from either Group O1 or Group O2 (Optional units: Employability Skills). At least 15 credits from Groups O1 and O2 combined must be at Level 1 or above, with at least 7 credits at Level 1 or above coming from Group O1. Learners cannot include more than one unit with the same or similar title.

| Unit Reference Number | Title | Level | Credit Value | GLH | Unit Group |
|---|---|---|---|---|---|
| A/504/7661 | Working in Sport and Active Leisure | 1 | 3 | 30 | Mandatory |
| M/501/7248 | Taking part in Exercise and Fitness | 1 | 4 | 30 | Mandatory |
| M/504/7656 | Risks and Hazards in Sport and Active Leisure | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/505/3257 | Risks and Hazards in Sport and Active Leisure | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| T/504/7643 | Recognising Sport and Leisure Opportunities | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| H/506/8875 | Recognising opportunities for participating in leisure | 1 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| A/506/8798 | Improving own Fitness | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| A/504/7658 | The Effect of Exercise on the Body | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |

| D/506/8874 | Components and Functions of the Body in Physical Activity | 1 | 4 | 31 | Optional Units: Sport and Active Leisure Skills |
|---|---|---|---|---|---|
| H/504/7637 | Exercise as Part of a Healthy Lifestyle | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/504/7638 | Exercise as Part of a Healthy Lifestyle | 1 | 2 | 15 | Optional Units: Sport and Active Leisure Skills |
| H/504/7640 | Planning a Healthy Diet | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/504/7641 | Planning a Healthy Diet | 1 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| L/504/7664 | Working with Customers and Clients in Sports and Active Leisure Settings | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| R/504/7665 | Working with Customers and Clients in Sports and Active Leisure Settings | 1 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |
| J/504/7663 | Working with Children in Sport and Active Leisure | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/601/8230 | Safeguarding and protecting children and young people in sport and active leisure | 2 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| D/504/7636 | Developing Leadership Skills in Sport and Active Leisure | 1 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| D/501/7245 | Assisting at a Sport or Active Leisure Event | Entry 3 | 3 | 30 | Optional Units: Sport and Active Leisure Skills |

| F/506/7359 | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
|---|---|---|---|---|---|
| Y/504/7635 | Assist a Fitness Instructor | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| M/504/7642 | Preparing to Participate in a Sport or Active Leisure Activity | Entry 3 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| H/601/3532 | Understanding the principles of planning coaching activities in sport | 1 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| M/504/7639 | Participate in a Sport or Active Leisure Activity | Entry 3 | 2 | 20 | Optional Units: Sport and Active Leisure Skills |
| K/601/3533 | Understanding the principles of conducting coaching activities in sport | 1 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| K/504/7655 | Review a Sport or Active Leisure Activity | Entry 3 | 1 | 10 | Optional Units: Sport and Active Leisure Skills |
| M/601/3534 | Understanding the principles of evaluating coaching activities in sport | 1 | 1 | 7 | Optional Units: Sport and Active Leisure Skills |
| D/601/3531 | Understanding the fundamentals of coaching sport | 1 | 1 | 6 | Optional Units: Sport and Active Leisure Skills |
| D/504/8947 | Planning own Fitness Programme | 1 | 4 | 30 | Optional Units: Sport and Active Leisure Skills |
| J/503/2807 | Applying for a Job | Entry 3 | 1 | 10 | Optional Units: Employability Skills |

| H/503/2832 | Applying for a Job | 1 | 1 | 10 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| K/503/2864 | Applying for a Job | 2 | 1 | 10 | Optional Units: Employability Skills |
| F/504/6267 | Assessing own Personal, Learning and Thinking Skills | Entry 3 | 1 | 8 | Optional Units: Employability Skills |
| J/504/6268 | Assessing own Personal, Learning and Thinking Skills | 1 | 1 | 8 | Optional Units: Employability Skills |
| L/504/6269 | Assessing own Personal, Learning and Thinking Skills | 2 | 1 | 8 | Optional Units: Employability Skills |
| D/503/2845 | Building Working Relationships with Colleagues | 1 | 2 | 20 | Optional Units: Employability Skills |
| H/503/2877 | Building Working Relationships with Colleagues | 2 | 2 | 20 | Optional Units: Employability Skills |
| K/503/2878 | Building Working Relationships with Customers | 2 | 2 | 20 | Optional Units: Employability Skills |
| R/506/6460 | Career Planning | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| M/506/3484 | Career Planning | 1 | 3 | 20 | Optional Units: Employability Skills |
| R/503/2812 | Career Progression | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2837 | Career Progression | 1 | 2 | 20 | Optional Units: Employability Skills |
| J/503/2869 | Career Progression | 2 | 2 | 20 | Optional Units: Employability Skills |
| Y/503/2813 | Conduct at Work | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| Y/504/6310 | Effective Communication in the Workplace | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| D/504/6311 | Effective Communication in the Workplace | 1 | 3 | 30 | Optional Units: Employability Skills |

| H/504/6312 | Effective Communication in the Workplace | 2 | 3 | 30 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| R/503/2874 | Effectiveness at Work | 2 | 1 | 10 | Optional Units: Employability Skills |
| Y/506/6461 | Effectiveness at Work | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| R/506/3493 | Effectiveness at Work | 1 | 2 | 16 | Optional Units: Employability Skills |
| J/504/6321 | Exploring and Presenting Enterprise Ideas | Entry 3 | 3 | 25 | Optional Units: Employability Skills |
| L/504/6322 | Exploring and Presenting Enterprise Ideas | 1 | 3 | 25 | Optional Units: Employability Skills |
| R/504/6337 | Exploring and Presenting Enterprise Ideas | 2 | 3 | 25 | Optional Units: Employability Skills |
| L/504/6319 | Exploring Entrepreneurship | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| F/504/6320 | Exploring Entrepreneurship | 1 | 2 | 15 | Optional Units: Employability Skills |
| L/504/6336 | Exploring Entrepreneurship | 2 | 2 | 15 | Optional Units: Employability Skills |
| H/601/9699 | Health and Safety in the Workplace | 2 | 1 | 10 | Optional Units: Employability Skills |
| H/506/6463 | Health and Safety in the Workplace | Entry 3 | 2 | 16 | Optional Units: Employability Skills |
| F/506/3487 | Health and Safety in the Workplace | 1 | 2 | 16 | Optional Units: Employability Skills |
| R/503/2809 | Interview Skills | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| M/503/2834 | Interview Skills | 1 | 1 | 10 | Optional Units: Employability Skills |
| T/503/2866 | Interview Skills | 2 | 1 | 10 | Optional Units: Employability Skills |

| Y/504/6324 | Introduction to Self-Employment | Entry 3 | 3 | 25 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| F/504/7662 | Introduction to Self-Employment | 1 | 3 | 22 | Optional Units: Employability Skills |
| H/504/6326 | Introduction to Self-Employment | 2 | 3 | 22 | Optional Units: Employability Skills |
| A/503/2822 | Learning from Work Placement | Entry 3 | 2 | 10 | Optional Units: Employability Skills |
| J/503/2855 | Learning from Work Placement | 1 | 2 | 10 | Optional Units: Employability Skills |
| L/503/2887 | Learning from Work Placement | 2 | 2 | 20 | Optional Units: Employability Skills |
| L/503/2842 | Positive Attitudes and Behaviours at Work | 1 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2871 | Practising Leadership Skills with Others | 2 | 2 | 20 | Optional Units: Employability Skills |
| L/503/2808 | Preparing for an Interview | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| K/503/2833 | Preparing for an Interview | 1 | 1 | 10 | Optional Units: Employability Skills |
| M/503/2865 | Preparing for an Interview | 2 | 1 | 10 | Optional Units: Employability Skills |
| T/503/2821 | Preparing for Work Placement | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2854 | Preparing for Work Placement | 1 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2885 | Preparing for Work Placement | 2 | 1 | 10 | Optional Units: Employability Skills |
| F/503/2823 | Safe Learning in the Workplace | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
| L/503/2856 | Safe Learning in the Workplace | 1 | 1 | 10 | Optional Units: Employability Skills |

| F/503/2806 | Searching for a Job | Entry 3 | 1 | 10 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| D/503/2831 | Searching for a Job | 1 | 1 | 10 | Optional Units: Employability Skills |
| H/503/2863 | Searching for a Job | 2 | 1 | 10 | Optional Units: Employability Skills |
| J/503/2810 | Self-management Skills | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| M/503/2817 | Setting and Meeting Targets at Work | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| T/503/2849 | Setting and Meeting Targets at Work | 1 | 2 | 20 | Optional Units: Employability Skills |
| K/503/2881 | Setting and Meeting Targets at Work | 2 | 2 | 20 | Optional Units: Employability Skills |
| J/504/6299 | Skills for Creative Thinkers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| H/504/6262 | Skills for Creative Thinkers | 1 | 2 | 15 | Optional Units: Employability Skills |
| D/504/6261 | Skills for Creative Thinkers | 2 | 2 | 15 | Optional Units: Employability Skills |
| A/504/6249 | Skills for Effective Participants | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| Y/504/6260 | Skills for Effective Participants | 1 | 2 | 15 | Optional Units: Employability Skills |
| A/504/7627 | Skills for Effective Participants | 2 | 2 | 15 | Optional Units: Employability Skills |
| T/504/6248 | Skills for Independent Enquirers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| D/504/6258 | Skills for Independent Enquirers | 1 | 2 | 15 | Optional Units: Employability Skills |
| Y/504/6257 | Skills for Independent Enquirers | 2 | 2 | 15 | Optional Units: Employability Skills |

| M/504/6913 | Skills for Reflective Learners | 2 | 2 | 15 | Optional Units: Employability Skills |
|---|---|---|---|---|---|
| F/504/6902 | Skills for Reflective Learners | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| A/504/6915 | Skills for Reflective Learners | 1 | 2 | 15 | Optional Units: Employability Skills |
| K/504/6246 | Skills for Self Managers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| J/504/6254 | Skills for Self Managers | 1 | 2 | 15 | Optional Units: Employability Skills |
| D/504/6308 | Skills for Self Managers | 2 | 2 | 15 | Optional Units: Employability Skills |
| H/504/6245 | Skills for Team Workers | Entry 3 | 2 | 15 | Optional Units: Employability Skills |
| A/504/6252 | Skills for Team Workers | 1 | 2 | 15 | Optional Units: Employability Skills |
| T/504/6251 | Skills for Team Workers | 2 | 2 | 15 | Optional Units: Employability Skills |
| T/503/2818 | Solving Work-related Problems | Entry 3 | 2 | 20 | Optional Units: Employability Skills |
| K/503/2850 | Solving Work-related Problems | 1 | 2 | 20 | Optional Units: Employability Skills |
| M/503/2882 | Solving Work-related Problems | 2 | 2 | 20 | Optional Units: Employability Skills |
| K/504/6327 | Time Management | 1 | 2 | 20 | Optional Units: Employability Skills |
| M/504/6328 | Time Management | 2 | 2 | 20 | Optional Units: Employability Skills |
| A/504/6316 | Using ICT in the Workplace | Entry 3 | 3 | 25 | Optional Units: Employability Skills |
| F/504/6317 | Using ICT in the Workplace | 1 | 3 | 25 | Optional Units: Employability Skills |

| J/504/6318 | Using ICT in the Workplace | 2 | 3 | 25 | Optional Units: Employability Skills |
| K/504/6313 | Using Numeracy Skills in the Workplace | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| M/504/6314 | Using Numeracy Skills in the Workplace | 1 | 3 | 30 | Optional Units: Employability Skills |
| T/504/6315 | Using Numeracy Skills in the Workplace | 2 | 3 | 30 | Optional Units: Employability Skills |
| H/504/6701 | Work in a customer-friendly way | Entry 3 | 2 | 18 | Optional Units: Employability Skills |
| K/504/6702 | Work in a customer-friendly way | 1 | 2 | 18 | Optional Units: Employability Skills |
| D/503/2814 | Working in a Team | Entry 3 | 3 | 30 | Optional Units: Employability Skills |
| R/503/2843 | Working in a Team | 1 | 3 | 30 | Optional Units: Employability Skills |
| Y/503/2875 | Working in a Team | 2 | 3 | 30 | Optional Units: Employability Skills |
| H/504/6309 | Working with Colleagues | Entry 3 | 2 | 20 | Optional Units: Employability Skills |

## 3.2 Recognition of Prior Learning (RPL)

Recognition of prior learning is a process that considers if a learner can meet the specified assessment requirements through knowledge, understanding or skills that they already possess and that can contribute towards the attainment of a qualification for which they are undertaking.

Where Recognition of Prior Learning is permitted then the evidence must be mapped against the criteria for which it is being claimed for and be valid, authentic, sufficient, reliable, valid and current.

A maximum of 70% of a qualification can be achieved through the process of Recognition of Prior Learning, with at least 30% gained through new learning.

The process for claiming RPL is set out in the Gateway Qualifications' policy on Recognition of Prior Learning.

## 3.3 Links to other qualifications

These qualifications form part of a suite 'Skills for…' qualifications in a number of sectors and across Entry 3, Level 1 and Level 2. The employability skills units are common across the suite and also appear within Gateway Qualifications' qualifications in Employability Skills. Some of the employability skills units also make up the Gateway Qualifications Personal, Learning and Thinking Skills qualifications and the Entry 3 employability skills units also feature in the Entry 3 Preparation for Employment qualifications.

# 4. Assessment and Quality Assurance

The following are in addition to the standard assessment and quality assurance requirements set out in the Gateway Qualifications Centre Handbook.

## 4.1 Method of Assessment

The method of assessment for the qualification(s) is through a portfolio of evidence.

## 4.2 Assessment Materials

There are no specific assessment materials provided for this qualification.

## 4.3 Qualification-Specific Centre Requirements

**There are no additional resource requirements for these qualifications.**

In the delivery of qualification and units to pre-16 learners centres are required to exercise due diligence in respect of the following:

- the learner's needs and access to information and advice about the units offered and how the course of learning will meet their needs
- the learner's present capacity to undertake the tasks set by tutors, and tutors understanding of how particular tasks accord with the assessment criteria for the unit
- tutors should be fully conversant with the qualification and unit specification/s offered to learners, where clarification is required the centre should consult with the assigned Quality Reviewer for further advice and guidance in the delivery of units and refer to the Centre Handbook and Reasonable Adjustment and Special Consideration policy and guidance
- centres will be required to have appropriate and up to date risk assessments and ensure that appropriate support and supervision is provided; appropriate subject specialist knowledge should be consulted where the possibility of harm to learners is identified; this will be monitored through Gateway Qualifications' quality assurance process
- the centre contact for the unit/qualification being delivered must ensure that all procedures relating to the delivery of the unit/qualification operate effectively in the centre.

## 4.4 Qualification-Specific Tutor/Assessor Requirements

There are no specific tutor/assessor requirements for these qualifications.

## 4.5 Qualification-Specific Verification Requirements

There are no specific verification requirements for these qualifications.

# 5. What to do next

For existing centres please contact your named Development Manager or Development Officer.

For organisations, not yet registered as a Gateway Qualifications centre please contact:

Gateway Qualifications

Gateway House

3 Tollgate Business Park

Colchester

CO3 8AB

Tel:     01206 911211

Email:  enquiries@gatewayqualifications.org.uk

# 6. Gateway Qualifications

Gateway Qualifications, a not for profit registered charity, is an Awarding Organisation based in Colchester.

We work with learning providers and industry experts to design and develop qualifications that benefit the learner and the employer.

We support flexible, responsive and quality assured learning opportunities whether it's in the classroom, at work, in the community or through distance learning.

We are recognised by Ofqual, to design, develop and submit qualifications to the Regulated Qualifications Framework (RQF).

## 7. Appendices

**Appendix 1 – Entry Level Barred Unit Listings**

**Gateway Qualifications Entry Level Certificate In Skills for Sport and Active Leisure (Entry 3)**

| This Unit | Is Barred Against These Units |
|---|---|
| Risks and Hazards in Sport and Active Leisure (M/504/7656) | Risks and Hazards in Sport and Active Leisure (D/505/3257) |
| | Safe Learning in the Workplace (L/503/2856) |
| | Health and Safety in the Workplace (H/506/6463) |
| Working with Customers and Clients in Sports and Active Leisure Settings (L/504/7664) | Working with Customers and Clients in Sports and Active Leisure Settings (R/504/7665) |
| | Work in a customer-friendly way (H/504/6701) |
| | Work in a customer-friendly way (K/504/6702) |
| Working with Customers and Clients in Sports and Active Leisure Settings (R/504/7665) | Work in a customer-friendly way (H/504/6701) |
| | Work in a customer-friendly way (K/504/6702) |
| Recognising Sport and Leisure Opportunities (T/504/7643) | Recognising opportunities for participating in leisure (H/506/8875) |
| Exercise as Part of a Healthy Lifestyle (H/504/7637) | Exercise as Part of a Healthy Lifestyle (K/504/7638) |
| Planning a Healthy Diet (H/504/7640) | Planning a Healthy Diet (K/504/7641) |
| Working with Colleagues (H/504/6309) | Building Working Relationships with Colleagues (D/503/2845) |
| Career Progression (R/503/2812) | Career Progression (F/503/2837) |

| This Unit | Is Barred Against These Units |
|---|---|
| Searching for a Job (F/503/2806) | Searching for a Job (D/503/2831) |
| Applying for a Job (J/503/2807) | Applying for a Job (H/503/2832) |
| Preparing for an Interview (L/503/2808) | Preparing for an Interview (K/503/2833) |
| Interview Skills (R/503/2809) | Interview Skills (M/503/2834) |
| Setting and Meeting Targets at Work (M/503/2817) | Setting and Meeting Targets at Work (T/503/2849) |
| Solving Work-related Problems (T/503/2818) | Solving Work-related Problems (K/503/2850) |
| Conduct at Work (Y/503/2813) | Positive Attitudes and Behaviours at Work (L/503/2842) |
| Preparing for Work Placement (T/503/2821) | Preparing for Work Placement (F/503/2854) |
| Learning from Work Placement (A/503/2822) | Learning from Work Placement (J/503/2855) |
| Effective Communication in the Workplace (D503/2814) | Effective Communication in the Workplace (D/504/6311) |
| Using Numeracy Skills in the Workplace (K/504/6313) | Using Numeracy Skills in the Workplace (M/504/6314) |
| Using ICT in the Workplace (A/504/6316) | Using ICT in the Workplace (F/504/6317) |
| Exploring Entrepreneurship (L/504/6319) | Exploring Entrepreneurship (F/504/6320) |
| Exploring and Presenting Enterprise Ideas (J/504/6321) | Exploring and Presenting Enterprise Ideas (L/504/6322) |
| Skills for Effective Participants (A/504/6249) | Skills for Effective Participants (Y/504/6260) |
| Skills for Independent Enquirers (T/504/6248) | Skills for Independent Enquirers (D/504/6258) |
| Skills for Creative Thinkers (J/504/6299) | Skills for Creative Thinkers (H/504/6262) |
| Assessing own Personal, Learning and Thinking Skills (F/504/6267) | Assessing own Personal, Learning and Thinking Skills (J/504/6268) |

| This Unit | Is Barred Against These Units |
|---|---|
| Introduction to Self-Employment (Y/504/6324) | Introduction to Self-Employment (F/504/7662) |
| Working in a Team (D/503/2814) | Working in a Team (R/503/2843) |
| | Skills for Team Workers (H/504/6245) |
| | Skills for Team Workers (A/504/6252) |
| Working in a Team (R/503/2843) | Skills for Team Workers (H/504/6245) |
| | Skills for Team Workers (A/504/6252) |
| Work in a customer-friendly way (H/504/6701) | Work in a customer-friendly way (K/504/6702) |
| Skills for Team Workers (H/504/6245) | Skills for Team Workers (A/504/6252) |
| Safe Learning in the Workplace (F/503/2823) | Safe Learning in the Workplace (L/503/2856) |
| Self-management Skills (J/503/2810) | Time Management (K/504/6327) |
| | Skills for Self Managers (K/504/6246) |
| | Skills for Self Managers (J/504/6254) |
| Skills for Self Managers (K/504/6246) | Skills for Self Managers (J/504/6254) |
| Skills for Reflective Learners (F/504/6902) | Skills for Reflective Learners (A/504/6915) |
| Developing Leadership Skills in Sport and Active Leisure (D/504/7636) | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity (F/506/7359) |
| | Assist a Fitness Instructor (Y/504/7635) |
| Improving own Fitness (A/506/8798) | Planning own Fitness Programme (D/504/8947) |
| Career Planning (M/506/3484) | Career Planning (R/506/6460) |
| Health and Safety in the Workplace (F/506/3487) | Health and Safety in the Workplace (H/506/6463) |
| Effectiveness at Work (R/506/3493) | Effectiveness at Work (Y/506/6461) |

| This Unit | Is Barred Against These Units |
|---|---|
| Risks and Hazards in Sport and Active Leisure (D/505/3257) | Safe Learning in the Workplace (L/503/2856) |
| | Health and Safety in the Workplace (H/506/6463) |
| Assisting at a Sport or Active Leisure Event (D/501/7245) | Assist a Fitness Instructor (Y/504/7635) |
| | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity (F/506/7359) |
| Assist a Fitness Instructor (Y/504/7635) | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity (F/506/7359) |

**Gateway Qualifications Entry Level Diploma In Skills for Sport and Active Leisure (Entry 3)**

| This Unit | Is Barred Against These Units |
|---|---|
| Risks and Hazards in Sport and Active Leisure (M/504/7656) | Risks and Hazards in Sport and Active Leisure (D/505/3257) |
| | Safe Learning in the Workplace (L/503/2856) |
| | Health and Safety in the Workplace (H/506/6463) |
| Working with Customers and Clients in Sports and Active Leisure Settings (L/504/7664) | Working with Customers and Clients in Sports and Active Leisure Settings (R/504/7665) |
| | Work in a customer-friendly way (H/504/6701) |
| | Work in a customer-friendly way (K/504/6702) |
| Working with Customers and Clients in Sports and Active Leisure Settings (R/504/7665) | Work in a customer-friendly way (H/504/6701) |
| | Work in a customer-friendly way (K/504/6702) |
| Recognising Sport and Leisure Opportunities (T/504/7643) | Recognising opportunities for participating in leisure (H/506/8875) |
| Exercise as Part of a Healthy Lifestyle (H/504/7637) | Exercise as Part of a Healthy Lifestyle (K/504/7638) |
| Planning a Healthy Diet (H/504/7640) | Planning a Healthy Diet (K/504/7641) |
| Working with Colleagues (H/504/6309) | Building Working Relationships with Colleagues (D/503/2845) |
| Career Progression (R/503/2812) | Career Progression (F/503/2837) |
| Searching for a Job (F/503/2806) | Searching for a Job (D/503/2831) |
| Applying for a Job (J/503/2807) | Applying for a Job (H/503/2832) |

| This Unit | Is Barred Against These Units |
|---|---|
| Preparing for an Interview (L/503/2808) | Preparing for an Interview (K/503/2833) |
| Interview Skills (R/503/2809) | Interview Skills (M/503/2834) |
| Setting and Meeting Targets at Work (M/503/2817) | Setting and Meeting Targets at Work (T/503/2849) |
| Solving Work-related Problems (T/503/2818) | Solving Work-related Problems (K/503/2850) |
| Conduct at Work (Y/503/2813) | Positive Attitudes and Behaviours at Work (L/503/2842) |
| Preparing for Work Placement (T/503/2821) | Preparing for Work Placement (F/503/2854) |
| Learning from Work Placement (A/503/2822) | Learning from Work Placement (J/503/2855) |
| Effective Communication in the Workplace (D/503/2814) | Effective Communication in the Workplace (D/504/6311) |
| Using Numeracy Skills in the Workplace (K/504/6313) | Using Numeracy Skills in the Workplace (M/504/6314) |
| Using ICT in the Workplace (A/504/6316) | Using ICT in the Workplace (F/504/6317) |
| Exploring Entrepreneurship (L/504/6319) | Exploring Entrepreneurship (F/504/6320) |
| Exploring and Presenting Enterprise Ideas (J/504/6321) | Exploring and Presenting Enterprise Ideas (L/504/6322) |
| Skills for Effective Participants (A/504/6249) | Skills for Effective Participants (Y/504/6260) |
| Skills for Independent Enquirers (T/504/6248) | Skills for Independent Enquirers (D/504/6258) |
| Skills for Creative Thinkers (J/504/6299) | Skills for Creative Thinkers (H/504/6262) |
| Assessing own Personal, Learning and Thinking Skills (F/504/6267) | Assessing own Personal, Learning and Thinking Skills (J/504/6268) |
| Introduction to Self-Employment (Y/504/6324) | Introduction to Self-Employment (F/504/7662) |

| This Unit | Is Barred Against These Units |
|---|---|
| Working in a Team (D/503/2814) | Working in a Team (R/503/2843) |
| | Skills for Team Workers (H/504/6245) |
| | Skills for Team Workers (A/504/6252) |
| Working in a Team (R/503/2843) | Skills for Team Workers (H/504/6245) |
| | Skills for Team Workers (A/504/6252) |
| Work in a customer-friendly way (H/504/6701) | Work in a customer-friendly way (K/504/6702) |
| Skills for Team Workers (H/504/6245) | Skills for Team Workers (A/504/6252) |
| Safe Learning in the Workplace (F/503/2823) | Safe Learning in the Workplace (L/503/2856) |
| Self-management Skills (J/503/2810) | Time Management (K/504/6327) |
| | Skills for Self Managers (K/504/6246) |
| | Skills for Self Managers (J/504/6254) |
| Skills for Self Managers (K/504/6246) | Skills for Self Managers (J/504/6254) |
| Skills for Reflective Learners (F/504/6902) | Skills for Reflective Learners (A/504/6915) |
| Developing Leadership Skills in Sport and Active Leisure (D/504/7636) | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity (F/506/7359) |
| | Assist a Fitness Instructor (Y/504/7635) |
| Improving own Fitness (A/506/8798) | Planning own Fitness Programme (D/504/8947) |
| Career Planning (M/506/3484) | Career Planning (R/506/6460) |
| Health and Safety in the Workplace (F/506/3487) | Health and Safety in the Workplace (H/506/6463) |
| Effectiveness at Work (R/506/3493) | Effectiveness at Work (Y/506/6461) |

| This Unit | Is Barred Against These Units |
|---|---|
| Risks and Hazards in Sport and Active Leisure (D/505/3257) | Safe Learning in the Workplace (L/503/2856) |
| | Health and Safety in the Workplace (H/506/6463) |
| Assisting at a Sport or Active Leisure Event (D/501/7245) | Assist a Fitness Instructor (Y/504/7635) |
| | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity (F/506/7359) |
| Assist a Fitness Instructor (Y/504/7635) | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity (F/506/7359) |

**Appendix 2 – Level 1 Barred Unit Listings**

**Gateway Qualifications Level 1 Certificate In Skills for Sport and Active Leisure**

| This Unit | Is Barred Against These Units |
|---|---|
| Risks and Hazards in Sport and Active Leisure (M/504/7656) | Health and Safety in the Workplace (H/601/9699) |
| | Health and Safety in the Workplace (H/506/6463) |
| Recognising Sport and Leisure Opportunities (T/504/7643) | Recognising opportunities for participating in leisure (H/506/8875) |
| Exercise as Part of a Healthy Lifestyle (H/504/7637) | Exercise as Part of a Healthy Lifestyle (K/504/7638) |
| Planning a Healthy Diet (H/504/7640) | Planning a Healthy Diet (K/504/7641) |
| Career Progression (R/503/2812) | Career Progression (F/503/2837) |
| | Career Progression (J/503/2869) |
| Career Progression (F/503/2837) | Career Progression (J/503/2869) |
| Searching for a Job (F/503/2806) | Searching for a Job (D/503/2831) |
| | Searching for a Job (H/503/2863) |
| Searching for a Job (D/503/2831) | Searching for a Job (H/503/2863) |
| Applying for a Job (J/503/2807) | Applying for a Job (H/503/2832) |
| | Applying for a Job (K/503/2864) |
| Preparing for an Interview (L/503/2808) | Preparing for an Interview (K/503/2833) |
| | Preparing for an Interview (M/503/2865) |
| Applying for a Job (H/503/2832) | Applying for a Job (K/503/2864) |
| Preparing for an Interview (K/503/2833) | Preparing for an Interview (M/503/2865) |

| This Unit | Is Barred Against These Units |
|---|---|
| Interview Skills (R/503/2809) | Interview Skills (M/503/2834) |
| | Interview Skills (T/503/2866) |
| Interview Skills (M/503/2834) | Interview Skills (T/503/2866) |
| Setting and Meeting Targets at Work (M/503/2817) | Setting and Meeting Targets at Work (T/503/2849) |
| | Setting and Meeting Targets at Work (K/503/2881) |
| Setting and Meeting Targets at Work (T/503/2849) | Setting and Meeting Targets at Work (K/503/2881) |
| Solving Work-related Problems (T/503/2818) | Solving Work-related Problems (K/503/2850) |
| | Solving Work-related Problems (M/503/2882) |
| Solving Work-related Problems (K/503/2850) | Solving Work-related Problems (M/503/2882) |
| Conduct at Work (Y/503/2813) | Positive Attitudes and Behaviours at Work (L/503/2842) |
| | Effectiveness at Work (R/503/2874) |
| Effectiveness at Work (R/503/2874) | Positive Attitudes and Behaviours at Work (L/503/2842) |
| Preparing for Work Placement (T/503/2821) | Preparing for Work Placement (F/503/2854) |
| | Preparing for Work Placement (F/503/2885) |
| Preparing for Work Placement (F/503/2854) | Preparing for Work Placement (F/503/2885) |
| Learning from Work Placement (A/503/2822) | Learning from Work Placement (J/503/2855) |
| | Learning from Work Placement (L/503/2887) |

| This Unit | Is Barred Against These Units |
|---|---|
| Effective Communication in the Workplace (D/503/2814) | Effective Communication in the Workplace (D/504/6311) |
| | Effective Communication in the Workplace (H/504/6312) |
| Effective Communication in the Workplace (D/504/6311) | Effective Communication in the Workplace (H/504/6312) |
| Using Numeracy Skills in the Workplace (K/504/6313) | Using Numeracy Skills in the Workplace (M/504/6314) |
| | Using Numeracy Skills in the Workplace (T/504/6315) |
| Using Numeracy Skills in the Workplace (M/504/6314) | Using Numeracy Skills in the Workplace (T/504/6315) |
| Using ICT in the Workplace (A/504/6316) | Using ICT in the Workplace (F/504/6317) |
| | Using ICT in the Workplace (J/504/6318) |
| Using ICT in the Workplace (F/504/6317) | Using ICT in the Workplace (J/504/6318) |
| Exploring Entrepreneurship (L/504/6319) | Exploring Entrepreneurship (F/504/6320) |
| | Exploring Entrepreneurship (L/504/6336) |
| Exploring Entrepreneurship (F/504/6320) | Exploring Entrepreneurship (L/504/6336) |
| Exploring and Presenting Enterprise Ideas (J/504/6321) | Exploring and Presenting Enterprise Ideas (L/504/6322) |
| | Exploring and Presenting Enterprise Ideas (R/504/6337) |
| Exploring and Presenting Enterprise Ideas (L/504/6322) | Exploring and Presenting Enterprise Ideas (R/504/6337) |
| Skills for Effective Participants (A/504/6249) | Skills for Effective Participants (Y/504/6260) |
| | Skills for Effective Participants (A/504/7627) |
| Skills for Effective Participants (Y/504/6260) | Skills for Effective Participants (A/504/7627) |

| This Unit | Is Barred Against These Units |
|---|---|
| Skills for Independent Enquirers (T/504/6248) | Skills for Independent Enquirers (D/504/6258) |
| | Skills for Independent Enquirers (Y/504/6257) |
| Skills for Independent Enquirers (D/504/6258) | Skills for Independent Enquirers (Y/504/6257) |
| Skills for Creative Thinkers (J/504/6299) | Skills for Creative Thinkers (H/504/6262) |
| | Skills for Creative Thinkers (D/504/6261) |
| Skills for Creative Thinkers (H/504/6262) | Skills for Creative Thinkers (D/504/6261) |
| Assessing own Personal, Learning and Thinking Skills (F/504/6267) | Assessing own Personal, Learning and Thinking Skills (J/504/6268) |
| | Assessing own Personal, Learning and Thinking Skills (L/504/6269) |
| Assessing own Personal, Learning and Thinking Skills (J/504/6268) | Assessing own Personal, Learning and Thinking Skills (L/504/6269) |
| Introduction to Self-Employment (Y/504/6324) | Introduction to Self-Employment (F/504/7662) |
| | Introduction to Self-Employment (H/504/6326) |
| Introduction to Self-Employment (F/504/7662) | Introduction to Self-Employment (H/504/6326) |

| This Unit | Is Barred Against These Units |
|---|---|
| Working with Customers and Clients in Sports and Active Leisure Settings (L/504/7664) | Working with Customers and Clients in Sports and Active Leisure Settings (R/504/7665) |
| | Work in a customer-friendly way (H/504/6701) |
| | Work in a customer-friendly way (K/504/6702) |
| | Building Working Relationships with Customers (K/503/2878) |
| Working with Colleagues (H/504/6309) | Building Working Relationships with Colleagues (D/503/2845) |
| | Building Working Relationships with Colleagues (H/503/2877) |
| Working with Customers and Clients in Sports and Active Leisure Settings (R/504/7665) | Work in a customer-friendly way (H/504/6701) |
| | Work in a customer-friendly way (K/504/6702) |
| | Building Working Relationships with Customers (K/503/2878) |
| Developing Leadership Skills in Sport and Active Leisure (D/504/7636) | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity (F/506/7359) |
| | Assist a Fitness Instructor (Y/504/7635) |
| | Practising Leadership Skills with Others (F/503/2871) |

| This Unit | Is Barred Against These Units |
|---|---|
| Working in a Team (D/503/2814) | Working in a Team (R/503/2843) |
| | Working in a Team (Y/503/2875) |
| | Skills for Team Workers (H/504/6245) |
| | Skills for Team Workers (A/504/6252) |
| | Skills for Team Workers (T/504/6251) |
| Working in a Team (R/503/2843) | Working in a Team (Y/503/2875) |
| | Skills for Team Workers (H/504/6245) |
| | Skills for Team Workers (A/504/6252) |
| | Skills for Team Workers (T/504/6251) |
| Working in a Team (Y/503/2875) | Skills for Team Workers (H/504/6245) |
| | Skills for Team Workers (A/504/6252) |
| | Skills for Team Workers (T/504/6251) |
| Self-management Skills (J/503/2810) | Time Management (K/504/6327) |
| | Time Management (M/504/6328) |
| | Skills for Self Managers (K/504/6246) |
| | Skills for Self Managers (J/504/6254) |
| | Skills for Self Managers (D/504/6308) |
| Time Management (K/504/6327) | Time Management (M/504/6328) |
| Safe Learning in the Workplace (F/503/2823) | L Safe Learning in the Workplace (L/503/2856) |
| | Health and Safety in the Workplace (H/601/9699) |
| Safe Learning in the Workplace (L/503/2856) | Health and Safety in the Workplace (H/601/9699) |

| This Unit | Is Barred Against These Units |
|---|---|
| Work in a customer-friendly way (H/504/6701) | Work in a customer-friendly way (K/504/6702) |
| | Building Working Relationships with Customers (K/503/2878) |
| Building Working Relationships with Colleagues (D/503/2845) | Building Working Relationships with Colleagues (H/503/2877) |
| Work in a customer-friendly way (K/504/6702) | Building Working Relationships with Customers (K/503/2878) |
| Skills for Team Workers (H/504/6245) | Skills for Team Workers (A/504/6252) |
| | Skills for Team Workers (T/504/6251) |
| Skills for Team Workers (A/504/6252) | Skills for Team Workers (T/504/6251) |
| Skills for Self Managers (K/504/6246) | Skills for Self Managers (J/504/6254) |
| | Skills for Self Managers (D/504/6308) |
| Skills for Self Managers (J/504/6254) | Skills for Self Managers (D/504/6308) |
| Skills for Reflective Learners (F/504/6902) | Skills for Reflective Learners (M/504/6913) |
| | Skills for Reflective Learners (A/504/6915) |
| Skills for Reflective Learners (A/504/6915) | Skills for Reflective Learners (M/504/6913) |
| Improving own Fitness (A/506/8798) | Planning own Fitness Programme (D/504/8947) |
| Risks and Hazards in Sport and Active Leisure (D/505/3257) | Health and Safety in the Workplace (H/601/9699) |
| Health and Safety in the Workplace (F/506/3487) | Health and Safety in the Workplace (H/601/9699) |
| | Health and Safety in the Workplace (H/506/6463) |
| Effectiveness at Work (R/506/3493) | Effectiveness at Work (Y/506/6461) |

| This Unit | Is Barred Against These Units |
|---|---|
| Career Planning (R/506/6460) | Career Planning for the Public Services (Y/506/3334) |
| Health and Safety in the Workplace (H/506/6463) | Health and Safety in the Workplace (H/601/9699) |

**Gateway Qualifications Level 1 Diploma In Skills for Sport and Active Leisure**

| This Unit | Is Barred Against These Units |
|---|---|
| Career Progression (R/503/2812) | Career Progression (F/503/2837) |
| | Career Progression (J/503/2869) |
| Career Progression (F/503/2837) | Career Progression (J/503/2869) |
| Searching for a Job (F/503/2806) | Searching for a Job (D/503/2831) |
| | Searching for a Job (H/503/2863) |
| Searching for a Job (D/503/2831) | Searching for a Job (H/503/2863) |
| Applying for a Job (J/503/2807) | Applying for a Job (H/503/2832) |
| | Applying for a Job (K/503/2864) |
| Applying for a Job (H/503/2832) | Applying for a Job (K/503/2864) |
| Preparing for an Interview (L/503/2808) | Preparing for an Interview (K/503/2833) |
| | Preparing for an Interview (M/503/2865) |
| Preparing for an Interview (K/503/2833) | Preparing for an Interview (M/503/2865) |
| Interview Skills (M/503/2834) | Interview Skills (R/503/2809) |
| | Interview Skills (T/503/2866) |
| Interview Skills (R/503/2809) | Interview Skills (T/503/2866) |
| Setting and Meeting Targets at Work (M/503/2817) | Setting and Meeting Targets at Work (T/503/2849) |
| | Setting and Meeting Targets at Work (K/503/2881) |
| Setting and Meeting Targets at Work (T/503/2849) | Setting and Meeting Targets at Work (K/503/2881) |
| Solving Work-related Problems (T/503/2818) | Solving Work-related Problems (K/503/2850) |
| | Solving Work-related Problems (M/503/2882) |

| This Unit | Is Barred Against These Units |
|---|---|
| Solving Work-related Problems (K/503/2850) | Solving Work-related Problems (M/503/2882) |
| Conduct at Work (Y/503/2813) | Positive Attitudes and Behaviours at Work (L/503/2842) |
| | Effectiveness at Work (R/503/2874) |
| Effectiveness at Work (R/503/2874) | Positive Attitudes and Behaviours at Work (L/503/2842) |
| Preparing for Work Placement (T/503/2821) | Preparing for Work Placement (F/503/2854) |
| | Preparing for Work Placement (F/503/2885) |
| Preparing for Work Placement (F/503/2854) | Preparing for Work Placement (F/503/2885) |
| Learning from Work Placement (A/503/2822) | Learning from Work Placement (J/503/2855) |
| | Learning from Work Placement (L/503/2887) |
| Learning from Work Placement (J/503/2855) | Learning from Work Placement (L/503/2887) |
| Effective Communication in the Workplace (D/503/2814) | Effective Communication in the Workplace (D/504/6311) |
| | Effective Communication in the Workplace (H/504/6312) |
| Effective Communication in the Workplace (D/504/6311) | Effective Communication in the Workplace (H/504/6312) |
| Using Numeracy Skills in the Workplace (K/504/6313) | Using Numeracy Skills in the Workplace (M/504/6314) |
| | Using Numeracy Skills in the Workplace (T/504/6315) |
| Using Numeracy Skills in the Workplace (M/504/6314) | Using Numeracy Skills in the Workplace (T/504/6315) |
| Using ICT in the Workplace (A/504/6316) | Using ICT in the Workplace (F/504/6317) |
| | Using ICT in the Workplace (J/504/6318) |

| This Unit | Is Barred Against These Units |
|---|---|
| Using ICT in the Workplace (F/504/6317) | Using ICT in the Workplace (J/504/6318) |
| Exploring Entrepreneurship (L/504/6319) | Exploring Entrepreneurship (F/504/6320) |
| | Exploring Entrepreneurship (L/504/6336) |
| Exploring Entrepreneurship (F/504/6320) | Exploring Entrepreneurship (L/504/6336) |
| Exploring and Presenting Enterprise Ideas (J/504/6321) | Exploring and Presenting Enterprise Ideas (L/504/6322) |
| | Exploring and Presenting Enterprise Ideas (R/504/6337) |
| Exploring and Presenting Enterprise Ideas (L/504/6322) | Exploring and Presenting Enterprise Ideas (R/504/6337) |
| Skills for Effective Participants (A/504/6249) | Skills for Effective Participants (Y/504/6260) |
| | Skills for Effective Participants (A/504/7627) |
| Skills for Effective Participants (Y/504/6260) | Skills for Effective Participants (A/504/7627) |
| Skills for Independent Enquirers (T/504/6248) | Skills for Independent Enquirers (D/504/6258) |
| | Skills for Independent Enquirers (Y/504/6257) |
| Skills for Independent Enquirers (D/504/6258) | Skills for Independent Enquirers (Y/504/6257) |
| Skills for Creative Thinkers (J/504/6299) | Skills for Creative Thinkers (H/504/6262) |
| | Skills for Creative Thinkers (D/504/6261) |
| Skills for Creative Thinkers (H/504/6262) | Skills for Creative Thinkers (D/504/6261) |
| Assessing own Personal, Learning and Thinking Skills (F/504/6267) | Assessing own Personal, Learning and Thinking Skills (J/504/6268) |
| | Assessing own Personal, Learning and Thinking Skills (L/504/6269) |

| This Unit | Is Barred Against These Units |
|---|---|
| Assessing own Personal, Learning and Thinking Skills (J/504/6268) | Assessing own Personal, Learning and Thinking Skills (L/504/6269) |
| Introduction to Self-Employment (Y/504/6324) | Introduction to Self-Employment (F/504/7662) |
| | Introduction to Self-Employment (H/504/6326) |
| Introduction to Self-Employment (F/504/7662) | Introduction to Self-Employment (H/504/6326) |
| Recognising Sport and Leisure Opportunities (T/504/7643) | Recognising opportunities for participating in leisure (H/506/8875) |
| Exercise as Part of a Healthy Lifestyle (H/504/7637) | Exercise as Part of a Healthy Lifestyle (K/504/7638) |
| Planning a Healthy Diet (H/504/7640) | Planning a Healthy Diet (K/504/7641) |
| Risks and Hazards in Sport and Active Leisure (M/504/7656) | Risks and Hazards in Sport and Active Leisure (D/505/3257) |
| | Health and Safety in the Workplace (H/601/9699) |
| | Health and Safety in the Workplace (F/506/3487) |
| | Health and Safety in the Workplace (H/506/6463) |
| Working with Customers and Clients in Sports and Active Leisure Settings (L/504/7664) | Working with Customers and Clients in Sports and Active Leisure Settings (R/504/7665) |
| | Work in a customer-friendly way (H/504/6701) |
| | Work in a customer-friendly way (K/504/6702) |
| | Building Working Relationships with Customers (K/503/2878) |

| This Unit | Is Barred Against These Units |
|---|---|
| Working with Customers and Clients in Sports and Active Leisure Settings (R/504/7665) | Work in a customer-friendly way (H/504/6701) |
| | Work in a customer-friendly way (K/504/6702) |
| | Building Working Relationships with Customers (K/503/2878) |
| Working with Colleagues (H/504/6309) | Building Working Relationships with Colleagues (D/503/2845) |
| | Building Working Relationships with Colleagues (H/503/2877) |
| Building Working Relationships with Colleagues (D/503/2845) | Building Working Relationships with Colleagues (H/503/2877) |
| Developing Leadership Skills in Sport and Active Leisure (D/504/7636) | Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity (F/506/7359) |
| | Assist a Fitness Instructor (Y/504/7635) |
| | Practising Leadership Skills with Others (F/503/2871) |
| Working in a Team (D/503/2814) | Working in a Team (R/503/2843) |
| | Working in a Team (Y/503/2875) |
| | Skills for Team Workers (H/504/6245) |
| | Skills for Team Workers (A/504/6252) |
| | Skills for Team Workers (T/504/6251) |
| Working in a Team (R/503/2843) | Working in a Team (Y/503/2875) |
| | Skills for Team Workers (H/504/6245) |
| | Skills for Team Workers (A/504/6252) |
| | Skills for Team Workers (T/504/6251) |

| This Unit | Is Barred Against These Units |
|---|---|
| Self-management Skills (J/503/2810) | Time Management (K/504/6327) |
| | Time Management (M/504/6328) |
| | Skills for Self Managers (K/504/6246) |
| | Skills for Self Managers (J/504/6254) |
| | Skills for Self Managers (D/504/6308) |
| Time Management (K/504/6327) | Time Management (M/504/6328) |
| Safe Learning in the Workplace (F/503/2823) | Safe Learning in the Workplace (L/503/2856) |
| | Health and Safety in the Workplace (H/601/9699) |
| Safe Learning in the Workplace (L/503/2856) | Health and Safety in the Workplace (H/601/9699) |
| Work in a customer-friendly way (H/504/6701) | Work in a customer-friendly way (K/504/6702) |
| | Building Working Relationships with Customers (K/503/2878) |
| Work in a customer-friendly way (K/504/6702) | Building Working Relationships with Customers (K/503/2878) |
| Skills for Team Workers (H/504/6245) | Skills for Team Workers (A/504/6252) |
| | Skills for Team Workers (T/504/6251) |
| Skills for Team Workers (A/504/6252) | Skills for Team Workers (T/504/6251) |
| Skills for Self Managers (K/504/6246) | Skills for Self Managers (J/504/6254) |
| | Skills for Self Managers (D/504/6308) |
| Skills for Self Managers (J/504/6254) | Skills for Self Managers (D/504/6308) |
| Skills for Reflective Learners (F/504/6902) | Skills for Reflective Learners (M/504/6913) |
| | Skills for Reflective Learners (A/504/6915) |

| This Unit | Is Barred Against These Units |
|---|---|
| Skills for Reflective Learners (A/504/6915) | Skills for Reflective Learners (M/504/6913) |
| Improving own Fitness (A/506/8798) | Planning own Fitness Programme (D/504/8947) |
| Risks and Hazards in Sport and Active Leisure (D/505/3257) | Health and Safety in the Workplace (H/601/9699) |
| | Health and Safety in the Workplace (F/506/3487) |
| | Health and Safety in the Workplace (H/506/6463) |
| Assisting a Leader of Sports or Active Leisure Activities to Plan and Deliver an Activity (F/506/7359) | Assisting at a Sport or Active Leisure Event (D/501/7245) |
| | Assist a Fitness Instructor (Y/504/7635) |
| Assisting at a Sport or Active Leisure Event (D/501/7245) | Assist a Fitness Instructor (Y/504/7635) |
| Health and Safety in the Workplace (H/601/9699) | Health and Safety in the Workplace (F/506/3487) |
| | Health and Safety in the Workplace (H/506/6463) |
| Health and Safety in the Workplace (F/506/3487) | Health and Safety in the Workplace (H/506/6463) |
| Career Planning (M/506/3484) | Career Planning (R/506/6460) |
| Effectiveness at Work (R/506/3493) | Effectiveness at Work (Y/506/6461) |

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