**Level 2 Sport**

# Sample Assessment task: notes for tutors

## Unit Title: Practical Sport

## Unit Code: T/615/8221

This is a scenario-based assignment which gives your learners the opportunity to demonstrate their ability to apply skills, techniques and tactics in different sports and their understanding of rules and regulations within them.

The assignment is split into four tasks, three written and one practical each covering a Learning Outcome.

Across the four tasks, tutors should check that learners have included all the evidence they need to achieve the unit. If a significant aspect has not been addressed, learners should be given an additional opportunity to cover this aspect, e.g. through a short question and answer.

If you choose to use this sample assignment, you should feel free to adapt the scenario or forms of evidence to make them more relevant to or appropriate for your learners

Additional tasks are provided to enable learners to achieve Merit and Distinction. These are signposted. The assignments submitted by learners must achieve the learning outcomes and meet the standards specified by the assessment criteria for the unit as outlined below.

To achieve a merit or distinction grade, the learners must demonstrate that they have achieved all the criteria set for these grades. Where work for the pass standard is marginal, assessors can take account of any extension work completed by the learners.

Tutors may remove these additional tasks or make them compulsory depending on the abilities of students.

# Level 2 Practical Sport:

## Understanding Practical individual and team sports

**Background**

You have managed to secure work experience in the sports centre attached to your school/college and the manager has stated that there may be the possibility of a part time weekend and holiday job as an activity / sport leader if you show the correct attitude, skills and motivation during the placement.

**Learning outcome 1: Be able to demonstrate skills, techniques and tactics of selected sports**

In order to show that you have a good knowledge of the skills, techniques and tactics of some of the sports and activities that you may be leading, the manager wants you to put together a video montage of yourself participating in an individual sport and also a team sport.

You need to ensure the video montage includes footage of you demonstrating skills and techniques in progressive competitive practices and also within a full match situation. This evidence needs to be saved and passed to the manager on the first day of the placement.

For example, your montage could contain evidence of you performing some of the following:

|  |  |
| --- | --- |
| Badminton | Rounders |
|  |  |
| Short serve | Batting |
| Long serve | Bowling |
| Smash | Fielding on the base |
| Drop shot | Fielding in the outfield |
| Overhead clear | Hitting ball into gaps |
| Moving opponent around court | Hitting ball towards weak fielders |
| Ready position to receive serve | Variations in bowling |

**Learning outcome 2: Know rules, regulations and scoring systems for selected sports**

One of your responsibilities during your work experience placement will involve officiating within different individual and team sports to a range of ages and abilities. With this in mind the manager wants you to demonstrate your knowledge of the rules, regulations and scoring systems in different sports.

You must produce two informative guides, which can be displayed on the sports centre’s noticeboard, on the major rules, regulations and scoring systems for the two sports that you produced the evidence for before starting the work experience placement.

**If you are aiming for a merit**

you must also explain the importance of the rules, regulations and scoring system to one of the sports you selected.

**Learning outcome 3: Know the roles and responsibilities of sports officials**

The centre manager now wants you to demonstrate your knowledge of the major roles and responsibilities of sports officials. The centre is aiming to recruit a number of officials to help with its sports leagues and competitions and it is important that the applicants understand what their roles and responsibilities will involve.

You must produce a leaflet that describes the major roles and responsibilities of sports officials within both individual and team sports which can be given to potential applicants.

**If you are aiming for a distinction**

For one of the sports you must explain why it is important to fulfil these roles and responsibilities effectively. To do this you must observe an official(s) in action for a period of time/in a specific situation in one of your chosen sports and provide information about how they were effective or not and what this leads to in that specific situation.

**Learning outcome 4: Be able to review sports performance**

One of your responsibilities in your work experience is being able to lead sessions for children of different ages and abilities and also being able to observe and provide feedback to them to help improve their performance in the future. It is therefore important that you show your understanding how you would make observations about performance.

You must create a tool that can be used to help identify the strengths and areas for improvement in sporting performance.

Once you have created the tool, you should then use it to produce a short report to identify your own strengths and areas for improvement for one of your chosen sports and also for either an individual or team in a sport of your choice.

**If you are aiming for a merit**

You must also include in your report how your findings have helped to identify own strengths and weaknesses and also for those of another individual or team.

**If you are aiming for a distinction**

* Evaluate how effective your tool has been in terms of identifying strengths and weaknesses
* Describe what changes you will make to the tool in the future and how you think these changes will help the collecting of data in the future.