

# OVERVIEW GUIDE

 **Access**  
to Higher Education

**Subject  
Descriptor  
Compliant**



Access to HE

Apprenticeships

Digital

Employability &  
Enterprise

English & Maths

ESOL

Personal & Social  
Development

Professional  
Development

Vocational

## Access to Higher Education Diploma (Health and Social Care)

Qualification Number	Learning Aim Code	Diploma Title
QAAQ004766	4001485X	Access to Higher Education Diploma (Health and Social Care)

## Unit List

### Mandatory Units: Graded Academic Subject Content

Learners must complete 21 credits from the mandatory graded units.

Unit Code	Unit Title	Level	Credits	Content
QU035371	Care Principles	3	6	Academic
QU034984	Homeostasis	3	3	Academic
QU034782	Human Anatomy and Physiology	3	6	Academic
QU034988	Human Reproduction and Health Related Issues	3	3	Academic
QU034746	Introduction to Biology: Cells and Tissues	3	3	Academic

### Optional Units: Research Graded Academic Subject Content

Learners must complete 6 credits from the optional graded research units.

Unit Code	Unit Title	Level	Credits	Content
QU035064	Research: Extended Writing Project for Health or Care	3	6	Academic
QU035050	Research Skills for Health or Care	3	6	Academic

### Optional Units: Graded Academic Subject Content

Learners must complete 18 credits from across the optional graded units.

### Optional Units: Graded Health Contexts

Unit Code	Unit Title	Level	Credits	Content
QU034866	An Introduction to Health and Disease	3	3	Academic
QU035110	Biological Psychology: The Brain	3	6	Academic
QU034938	Dementia Awareness	3	3	Academic
QU034964	Equality and Diversity within Care Services	3	3	Academic
QU034972	Government Policy in Relation to Current Health Issues	3	3	Academic

Unit Code	Unit Title	Level	Credits	Content
QU034978	Health or Social Care Professions: Ethics and Values	3	3	Academic
QU034778	Health Physics	3	6	Academic
QU035010	Mental Health and Illness	3	3	Academic
QU035032	Practical Skills for Health Professionals	3	3	Academic
QU035036	Promoting Health	3	3	Academic
QU034650	Safeguarding Children, Young People and/or Vulnerable Adults	3	3	Academic
QU034836	Scientific Methods in Biology	3	3	Academic
QU035114	The Role of the Health or Social Care Professional	3	3	Academic
QU034986	The Role of the Nervous and Endocrine System in Co-ordination and Control	3	3	Academic

#### Optional Units: Graded Sociology

Unit Code	Unit Title	Level	Credits	Content
QU034980	Health Inequalities	3	3	Academic
QU035002	Introduction to Sociology	3	3	Academic
QU035028	Poverty and Social Exclusion	3	3	Academic
QU035076	Social Drugs and Medicines	3	3	Academic
QU035084	Sociology of Health	3	3	Academic
QU035118	The Sociology of Health and Illness: Theoretical Perspectives	3	3	Academic

#### Optional Units: Graded Psychology

Unit Code	Unit Title	Level	Credits	Content
QU034886	Abnormal Psychology	3	3	Academic
QU034912	Cognitive Psychology	3	3	Academic
QU034940	Developmental Psychology	3	3	Academic
QU034982	Health Psychology	3	6	Academic
QU035000	Introduction to Psychology	3	3	Academic
QU035306	Social Psychology	3	3	Academic

### Mandatory Units: Ungraded

Learners must complete 3 credits from the mandatory ungraded units.

Unit Code	Unit Title	Level	Credits	Content
QU034710	Preparation for Higher Education	3	3	Other

### Optional Units: Ungraded

Learners must complete 12 credits from the optional ungraded units.

Unit Code	Unit Title	Level	Credits	Content
QU034692	Academic Writing Skills	3	3	Other
QU035156	Communications - Reading and Writing	2	3	Other
QU034696	Communication - Speaking and Listening	3	3	Other
QU034700	Computer Data Protection	3	3	Other
QU034704	Inclusivity and Disability	3	3	Other
QU035911	Introduction to Biology	3	3	Academic
QU035168	Numeracy in a Health Context	2	3	Other
QU035170	Numeracy in a Health Context	3	3	Other
QU034708	Optimising Examination Performance	3	3	Other
QU034712	Presentation Skills	3	3	Other
QU034714	Presenting Information Using ICT	3	3	Other
QU035178	Professional Behaviours: Nursing and Health Professions	3	3	Other
QU034720	Promoting Wellbeing and Building Resilience	3	3	Other
QU034722	References and Reliability of Sources	3	3	Other
QU034726	Spreadsheets	3	3	Other
QU034728	Statistics	3	3	Other
QU034730	Study Skills for Higher Education	3	3	Other
QU034734	The Fundamentals of Environmental Sustainability	3	3	Other
QU034736	Writing Reports	3	3	Other



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