

## LB Case Study

***A positive review on the impact of supporting a learner through substance addiction.***

### **Learner Name:**

LB

### **Course:**

Entry to Construction

### **Overview:**

Last academic year, LB demonstrated outstanding progress, remarkable resilience and significant personal growth. His journey was not without challenges, yet he faced every obstacle with determination, positivity and an unwavering commitment to bettering himself.

### **Background:**

At the start of the year, LB encountered several barriers that could have discouraged even the most confident learner. He had to adapt to new learning environments, develop practical skills and manage complex personal circumstances which included an active addiction to ketamine and other substances. Despite these challenges, he showed maturity beyond his years, meeting each difficulty head-on and choosing to learn from every experience.

### **Support and Strategies:**

Throughout the year, LB was supported through structured guidance, practical learning experiences, and consistent encouragement from staff. Support from an external agency (ELMS) and regular reflection sessions with LB and his next of kin helped him recognise his strengths and monitor his progress. By adopting a growth mindset, LB learned to view setbacks as opportunities for development. This approach strengthened both his self-belief and resilience.

### **Achievements and Outcomes:**

Through persistence and dedication, LB successfully achieved his Entry to Construction qualification, a milestone that reflected not only his academic achievement but also his resilience and work ethic. Beyond this, LB became clean from active addiction, developed confidence, adaptability, and strong problem-solving skills — qualities that will continue to support him at level 1. In addition to this LB has also gained employment part time.

## **Personal Growth and Reflection:**

Over the course of the year, LB experienced genuine transformation. He became sober, more confident, independent and motivated, showing steady improvement in both performance and attitude. His story stands as an inspiring example of how perseverance and self-belief can turn challenges into opportunities for growth. The qualification helped LB to take ownership of his learning, work from home on some units and also complete research remotely. LB advised he enjoyed the Course, and would recommend it to any young person in his circumstances or not. The qualification was instrumental in LB's remarkable transformation over the year, fostering sobriety, confidence, independence, and motivation, and resulting in consistent improvement in both performance and attitude. Crucially, the qualification empowered LB to assume ownership of his learning, facilitating the successful completion of certain units and research activities remotely. LB expressed genuine satisfaction with the course and unequivocally recommends it to all young people, regardless of their background. His journey serves as a powerful testament to the impact of perseverance and self-belief in leveraging challenges as catalysts for personal development.

## **Key Qualities:**

- Resilience and determination
- Positive attitude toward learning
- Adaptability and problem-solving ability
- Commitment to self-improvement

## **Summary:**

LB's journey last academic year was one of determination, courage and personal triumph. He not only achieved academic success and progressed to Level 1 Carpentry and Joinery but also developed a strong foundation of confidence and resilience while remaining sober from addiction. His accomplishments serve as a powerful reminder of what can be achieved through hard work, a positive mindset and the support and belief from those around him.

Whilst LB received a copious amount of support, care and guidance from the team in College, he also enjoyed the qualification and how it was formatted. It enabled LB to focus on unit completion and enjoy some 1-2-1 coaching sessions for assessments. Having the flexibility to complete assessments in LB's schedule was a big advantage for him in completing and attaining the overall qualification.